Breakfast & Lunch Menu

FEBRUARY 2025

Thomas Intermediate

We are Offer vs Serve.

We are required to offer 5 components for Lunch. Students need to take at least 3 of the 5.

Milk, Grain, Meat, Veg, Fruit

Monday

Breakfast: Pancake & Sausage or Cereal & Toast, Fruit

Lunch: Personal Pan Pizza Vea & Fruit

Breakfast:
Biscuit & Gravy, Sausage or
Cereal & Toast, Fruit

Lunch: Spaghetti & Meatballs Veg & Fruit



Breakfast: 24 Biscuit & Gravy, Sausage or Cereal & Toast, Fruit

Lunch: Chicken & Noodles, Bread Stick Veg & Fruit

Tuesday

Breakfast: Chicken Biscuit or Cereal & Toast, Fruit

Lunch: Lasagna & Bread stick Veg & Fruit, Pudding

Breakfast: Tornados or Cereal & Toast, Fruit

Lunch: Soup & Grilled Cheese Vea & Fruit. Jello

Breakfast: Cinnamon Roll or Cereal & Toast, Fruit

Lunch: Corn Dogs & FF Veg & Fruit, Brownie

Breakfast: Tornado or Cereal & Toast, Fruit

Lunch: Cheeseburger & Chips Vea & Fruit. Cookie

Wednesday

Breakfast: Wolverine Breakfast

Lunch: Chicken Nugget Dinner

Breakfast: French toast Sticks or Cereal & Toast, Fruit

Lunch: Steak finger Dinner

Breakfast: Sausage Biscuit or Cereal & Toast, Fruit

Lunch: Chicken Pot Pie Vea & Fruit

Breakfast:
Donut or
Cereal & Toast, Fruit

Lunch: Chicken Nuggets, Mac&Cheese Vea & Fruit

Thursday

Breakfast: Combo Bar & Toast or Cereal & Toast, Fruit

Lunch: Taco Salad & Rice Vea & Fruit

Breakfast: Omelet, Sausage & Toast Cereal & Toast, Fruit

> Lunch: Sloppy Joe & Chips Vea & Fruit

Breakfast:
Pizza or
Cereal & Toast, Fruit

Lunch: Salisbury Steak Dinner

Breakfast:
Omelet, Sausage & Toast
Cereal & Toast, Fruit

Lunch: Chili & Cornbread Vea & Fruit

Friday

Breakfast: Muffin & Yogurt or Cereal & Toast, Fruit

Lunch: Cowboy Stew & Cornbread Vea & Fruit

Breakfast: Valentines Donut or Cereal & Toast, Fruit

Lunch:
Pop. Chicken & TT
Vea & Fruit. Valentine Cake

Breakfast: Waffles or Cereal & Toast, Fruit

Lunch: Chicken Sandwich & Chips Veg & Fruit

Breakfast: French toast Sticks or Cereal & Toast, Fruit

Lunch:
BBQ Rib Sandwich &Chips
Vea & Fruit

This institution is an equal opportunity employer.



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